



SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5	6	7	8
	Cereal & Pop Tart	Cheese Omelet & Toast	Fresh Muffins & Yogurt	Pancakes & Baked Ham
Labor Day	Pizza Choice Fresh Vegetables & Dip Fresh Salad Bar Fresh/Canned Fruit Choice Milk Choice	Hamburger/Cheeseburger on a Bun Twister Fries Peas Fresh/Canned Fruit Choice Milk Choice	Chicken Nuggets Macaroni & Cheese Steamed Carrots Fresh/Canned Fruit Choice Milk Choice	Hot Ham & Cheese Tater Tots Baked Beans Fresh/Canned Fruit Choice Milk Choice
11	12	13	14	15
Cereal & Frosted Donut	Breakfast Cake & Yogurt	Cheese Omelet & Toast	Breakfast Sliders	Cereal & Toast
French Toast Sticks Sausage Links Hashbrown Fruit/Fruit Juice Milk Choice	Spaghetti & Meat Sauce Steamed Broccoli Fresh/Canned Fruit Choice Garlic Toast Milk Choice	Chicken Patty on a Bun Baked Potato Wedges Baked Beans Fresh/Canned Fruit Choice Milk Choice	Deli Subs Tortilla Chips w/cheese & salsa Fresh Salad Bar Fresh/Canned Fruit Choice Milk Choice	Chicken Fajitas Savory Rice Steamed Carrots Fresh/Canned Fruit Choice Milk Choice
18	19	20	21	22
Scrambled Eggs & Sausage	Breakfast Biscuit	Cereal & Pop Tarts	Fruit Smoothie & Fresh Muffin	French Toast Sticks & Sausage
Mini Corn Dogs Tater Tots Baked Beans Fresh/Canned Fruit Choice Milk Choice	Hard or Soft Shell Tacos Buttered Corn Fresh Salad Bar Fruit/Fruit Salad Milk Choice	BBQ on a Bun Cheesy Hashbrowns Steamed Carrots Fresh/Canned Fruit Choice Milk Choice	Chicken Parmesan Buttered Noodles Green Beans Garlic Breadstick Fresh/Canned Fruit Choice Milk Choice	Hamburger/Cheeseburger on a Bun Waffle Fries Fresh Salad Bar Fresh/Canned Fruit Choice Milk Choice
25	26	27	28	29
Cereal Bar & Yogurt	Breakfast Cake & Cereal	Cheese Omelet & Toast	Breakfast Pizza	Berry Parfait & Cereal Bar
French Toast Sticks Sausage Links Hashbrown Fruit/Fruit Juice Milk Choice	Chicken & Gravy over Mashed Potatoes Buttered Corn Fresh/Canned Fruit Dinner Roll Milk Choice	Pizza Fresh Veggies & Dip Salad Bar Fresh/Canned Fruit Choice Milk Choice	Chicken Patty on a Bun Twister Fries Baked Beans Fresh/Canned Fruit Choice Milk Choice	Stromboli Macaroni & Cheese Peas & Carrots Fresh & Canned Fruit Choice Milk Choice



Milk Offered
 • Fat-free and 1% white milk
 • Fat-free chocolate milk

Breakfast Notes
 Breakfast is served with the choice of fruit and milk

Two Entrees will be offered each day. Students may choose one. The second option for PK - 4th grade is a yogurt lunch (consists of 4 oz. yogurt, peanut butter sandwich, vegetable, fruit and milk) and the second option for 5th - 12th is a chef salad.

Each meal must have a combined 1/2 cup total of vegetable and/or fruit on the tray in order to qualify for a reimbursable meal.

WG - Whole Grain
WW - Whole Wheat



In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.